

## **INSTITUTE FOR LEARNING IN RETIREMENT - FALL 2023 CLASSROOMS**

*(as of 9/12/13)*

### **MONDAY**

**IR-256** "In *The Record*" (TEC-201)

**IR-437** An Introduction to Digital Photography (TEC-222)

**IR-640** Discovery Series: Paterson, NJ; Christmas Lights of NYC; Boston - The Freedom Trail; A Visit to Maine (TEC-201)

**IR-810** (~~IR-940~~): A Mix of History and Politics: Jesse James; Joe McCarthy; Ziggy Gruber; Moe Berg -**CANCELLED**

**IR-978** (~~IR-954~~) Lively Discussions - ILR Spirituality Book and Movie Club (TEC-201)

**IR-948** US Space Program History: Apollo 8; Space Exploration Benefits; Skylab; Challenger; Walking in Space (TEC-201)

**IR-965** Makers of History: St. Augustine and Rabbi Maimonides; Tom Paine; Maggie Thatcher; Beethoven – *ONLINE*

**IR-980:** The Secret WWII Concentration Camp Diary of Odd Nansen (TEC-201)

**IR-991** Chair Yoga: Stretch, Breathe, and Meditate - *ONLINE*

**IR-992** The Art and Artists of Latin American *ONLINE*

### **TUESDAY**

**IR-247** ILR Choir "Sing, Sing, Sing" (A-104) *\*starts on 10/17/23*

**IR-521** Current Topics in Biology and the Environment (S-343)

**IR-724** Exploring Genetic Genealogy 101 *ONLINE*

**IR-930** Photography Potpourri: "What does this button do?" (S-343)

**IR-957** Current Events Club (TEC-201)

**IR-972** Elements of Intellectual Property as Illustrated by the Business of Baseball (*TEC-201 or ONLINE*)

**IR-977** Basics of Artificial Intelligence: ChatGPT and Effective Prompts (TEC-201)

**IR-994** Banned and Challenged Books: Classics (TEC-201)

### **WEDNESDAY**

**IR-088** AARP Smart Driver Course (S-343)

**IR-860** Financial Planning in Retirement (S-343)

**IR-939** Senior Balance Yoga (TEC-214)

**IR-974** George Washington, Thomas Jefferson, Alexander Hamilton, Aaron Burr, and the Broadway Musical (TEC-201)

**IR-975** Growing Toward Spiritual Maturity in Today's Culture (TEC-201)

**IR-981** Heads Up, Seniors! (TEC-201)

**IR-990** How to Plan for Aging in Place in the Home (TEC-201)

**IR-993** Collecting Art in the Gilded Age - *ONLINE*

**IR-995** Acting Workshop (TEC-201)

## **THURSDAY**

- IR-393** Financial Fitness in Retirement (TEC-201)
- IR-060** Legal Issues Concerning the Elderly and Their Caregivers (TEC-201)
- IR-503** Hardly Camelot: The Political JFK (TEC-201)
- IR-602** Five US Presidents (S-138)
- IR-619** Watercolors for All (TEC-203)
- IR-676** Sketching for All (TEC-220)
- IR-911** Mindfulness Meditation in Nature (TEC-222)
- IR-921** Neurology 101 (TEC-201)
- IR-970** Film Program 1: A Little of This (A-104)
- IR-971** Film Program 2: Suspension of Disbelief (A-104)
- IR-976** Road Trippin' USA - Explore National Parks and Hidden Gems *ONLINE*
- IR-979** Selected Topics in Ancient History (TEC-201)
- IR-996** Lessons from the Road – 7 Ways RV Travel Can Change Your Life – *ONLINE*

## **FRIDAY**

- IR-989** Modern America Emerges (TEC-201)
- IR-912** Gentle Beginnings Yoga (TEC-204)
- IR-919** Healthcare Costs and Claiming Social Security (TEC-201)